

# KURSPLAN ROTTENBURG

gültig ab 1.5.2021



MONTAG		DINNSTAG		MITTWOCH		DONNERSTAG		FREITAG		SAMSTAG		SONNTAG	
Kurs	Relaispost (M&T Training)	Kurs	Relaispost (M&T Training)	Kurs	Relaispost	Kurs	Relaispost	Kurs	Relaispost	Kurs		Kurs	
10:00-11:00 M&T Training		10:00-11:00 M&T Training		10:00-11:00 M&T Training		10:00-11:00 M&T Training		10:00-11:00 M&T Training		10:00-11:00 M&T Training		10:00-11:00 M&T Training	
11:00-12:00 M&T Training	11:00-12:00 M&T Training	11:00-12:00 M&T Training		11:00-12:00 M&T Training		11:00-12:00 M&T Training		11:00-12:00 M&T Training	11:00-12:00 M&T Training	11:00-12:00 M&T Training		11:00-12:00 M&T Training	11:00-12:00 M&T Training
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- Gesundheitstraining
- Leistungslehre
- Cardiotraining
- Alle Kurse mit Kennung -> MAPET-KIT
- Kennzeichnung:
  - M&T
  - M&T/Relaispost
  - Relaispost
- Relaispost
- ZH&T
- M&T Training: ohne Trainingsplan  
ohne Kennung
- Relaispost: nur mit gültiger Kennung